

Vol. 28/2025-26

Date:- 29/01/2026 [Thursday]

Venue : MARKANDA NATIONAL COLLEGE, SHAHABAD (M)

**PROGRAMME :-**

This will be our routine general Meeting. The projects to be taken during next month will be discussed. President Rtn. Dr.R.S. Ghumman will give report on projects taken during the week. He will also brief the house about the forthcoming District conference. The process for the election of Vice President for the year 2026-27 will be initiated. All esteemed members are requested to attend the meeting positively in time.

**LAST MEETING:-**

This was our celebrations meeting. On the eve of REPUBLIC DAY all members assembled at Satluj Sr. Sec. School to celebrate our 77th REPUBLIC DAY. PP Rtn. Pritpal Singh Dhillon was the chairman of this function. On reaching the venue, a warm welcome was accorded to all the members. Worthy President Rtn. Dr. R.S. Ghumman alongwith Chairman and the members unfurled the national Flag at 10.30am sharp. The national Anthem was played. Thereafter a cultural program was presented by the students of Satluj Sr. Sec. School. Light Breakfast was served after the function. Good number of our Members graced this national festival with their presence.

24  
Club Meeting No. 28

Time : 07.30 pm



**PROJECTS TAKEN DURING THIS WEEK:-**

**FREE CANCER SCREENING AND AWARENESS CAMP:-** Cancer Screening and Awareness Camp for women was organized on Saturday the 24th Jan.2026, in association with Inner Wheel Club, Shahabad Markanda and Adesh Medical College and Hospital, Mohri, at Satluj Senior Secondary School, Kishangarh Road, Shahabad Markanda. The primary objective of the camp was to create awareness about cancer among women, emphasize the importance of early detection, and encourage preventive healthcare practices through timely screening. An awareness session was also conducted, followed by necessary laboratory investigations, including Pap smear tests, EBV tests, and general health check-ups. A total of 114 women attended the camp and availed themselves of the free medical services.



Project Chairman Rtn. Dr. Guntas Singh Gill, Director, Adesh Medical College and Hospital, Mohri, highlighted that cancer cases among women are steadily increasing, but timely screening and early diagnosis can significantly reduce the risk and severity of the disease. He emphasized that such free health camps play a vital role in extending quality healthcare services to the underprivileged and vulnerable sections of society.

President Rtn. Dr. R. S. Ghumman stated that the club's mission is to build a healthy, aware, and informed society. He stressed that women's health directly impacts the well-being of the entire family and urged women to make regular health check-ups a routine part of their lives, while not ignoring early warning signs.

During the health talk, Dr. Monika Zutshi, Laparoscopic Surgery Specialist, provided detailed information on breast cancer and cervical cancer. She explained the importance of Pap smear testing for early detection of cervical cancer, which greatly improves treatment outcomes. She advised women to seek immediate medical consultation in case of symptoms such as lumps, abnormal bleeding, pain, or any unusual changes. Along with examinations, her medical team also offered proper guidance and medical advice to the participants. Mrs. Renu Wadhwa, President of the Inner Wheel Club, Shahabad Markanda, shared that the Inner Wheel Club has always been dedicated to women's health and empowerment. The session was efficiently moderated by

Rotary Secretary Rtn. Vikram Gupta.

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Those present on the occasion were Rotary and Inner Wheel members. The medical team from Adesh Hospital provided active support, contributing significantly to the success of the camp.

**DISTRICT CONFERENCE- किरिण**

Our worthy District Governor and his efficient team has planned to organize District Conference 2026 from 28th February 2026 to 1st March 2026 at Bhel Convention Center Haridwar. The registration for the same is Rs.4500/- for Singla and Rs. 8000/- for Couple. The District Administration has desired that maximum members should attend this very important district event. Many members have already registered themselves for this District conference. Others are also requested to volunteer themselves for the same and intimate our President.

**OUR SINCERE THANKS AND GRATITUDE:-**

We convey our sincere thanks and gratitude to:-

1. PP Rtn. Prit Pal Singh Dhillon, chairman Republic day celebrations for making concerted efforts to make this programme a grand success.
2. Rtn. Dr. Guntas Gill, chairman, Cancer Screening and awareness camp for making concerted efforts to make this camp a grand success.
3. Management of Satluj Sr.Sec.School Shahabad for associating ourselves in celebrations of REPUBLIC DAY.
4. The management of Adesh Medical College and hospital Shahabad for associating our club in the project of Cancer Screening Camp.

**BIRTHDAY GREETINGS OF THE WEEK:-**

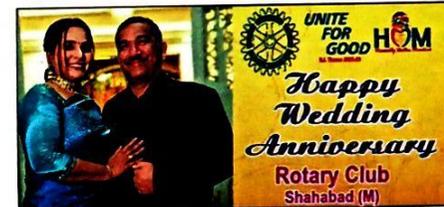
We convey our birthday greetings to:-

1. PP Rtn. Deepak Kakkar 8th Feb.
2. PP Rtn. Virender Thakral 10th Feb.

We pray Almighty to bless all these members a very long life and excellent health.

**WEDDING ANNIVERSARY GREETINGS OF THE WEEK:-**

We convey our WEDDING ANNIVERSARY GREETINGS to:-



Rtn. Sanjeev Kalra & Ann. Radhika Kalra  
7th February



Rtn. Dr. Umesh Gupta and Ann. Sangeeta Gupta  
9th February

Rtn. Aman Singhal and Ann. Leena Singhal  
9th February

Very happy wedding anniversary to the very cute couples. We pray God to bless them many many more years of togetherness.

Rtn. Subhash Singla,  
(Bulletin Editor)

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